



Christmas backpacks for the homeless

Thank you for your help with our Christmas backpack project. The packs need to be prepared by Monday 17 December, for distribution between 19-23 December.

Suggested items to include in the pack:

Food and drinks

• Puddings & long-life custard	• Biscuits / small Christmas cakes
• Potato chips	• Chocolates
• Tea/coffee sachets	• Fruit cups / jelly cups
• Up'n'Go drinks (not 6 packs – too heavy)	

Personal care

• Soap & hand sanitiser	• Shampoo / conditioner
• Toothbrushes / toothpaste / mouthwash	• Eucalyptus or tea-tree oil
• Band-aids, Savlon & cotton buds	• Razors / shave cream
• Combs & hair-ties	• Tampons
• Nail scissors / emery boards / nail kit	• Tissues

Clothes (small items only please)

• Socks	• Underwear
• Thongs	• Caps / beanies

A special Christmas gift...

• Transistor radio + batteries	• Poncho
• Notebooks / texta type pens	• Opal Cards \$10+
• Movie tickets	• Diary or calendar
• Wallets (male or female)	• Tarpaulins (min 2m square) or underlay / ground cover (light)
• Miner's lights for reading in the dark or small torch	• Writing paper, envelopes, postage stamps
• Mobile phone / credit	• Perfume / aftershave
• Nail polish	• Junk jewellery / make-up

Please remember only to include light-weight items, suitable to carry.

You may also wish to write a Christmas card or personal note to personalise the pack.

On behalf of everyone we serve, thank you for your help!

Lyn, and the team at Homeless Support

Sample Pack:

